

HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 2 FEBRUARY TO 8 FEBRUARY 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
	7am to 7-30am	Maggi Dry	Cornflakes	Chocos	Toasted Bread	Bread Butter Jam	Suji Halwa	Chola Bature
Breakfast				Bread Butter Jam	Scramble Egg	Boiled Egg	Fruit	Fruit
		Fruit	Fruit	Fruit	Fruit	Fruit		
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50am to 10-30am	Samosa	Veg Chow	Kachori	Idli	Veg Roll	Veg Macaroni	
					with Chutney		Red Sauce	
Lunch	2pm to 2-30pm							
rice		Steam Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Onion Rice
dal		Yellow Dal	Plain Dal	Lobiya Dal	Mix Dal	Mix Dal	Dal Tarka	Chilly Baby Corn
veg		S. Green Sabji	S. Green Sabji	S. Green Sabji	Soyabean Aloo	Chola Sabji	Aloo Gobi	Veg Manchurian Gravy
veg		Kadai Paneer	Aloo Cabbage	Mattar Paneer	Ghogni Chat	S Green Sabji	S. Green Sabji	Chicken Chilly
non veg		Egg Masala		Butter Chicken				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Salad/Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar
raita			Plain Curd		Plain Curd		Plain Curd	
Snacks	5pm to 5-30pm	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
		Biscuits	Veg Pokora	Badminton Chips	Chow mein	Cutlet	Maggie	Veg Momo
Dinner	8-45pm to 9-30pm							
Rice		Steam Rice	Jeera Rice	Steam Rice	Onion Rice	Plain Rice	Peas Pulao	Steam Rice
dal		Dal Fry	Plain Dal	Rajma Dal	Dal Tarka	Mix Dal	Panchawati Dal	Plain Dal
sabji		Aloo Bhaja	Ghogni Chat	Chana Onion Dry	Kofta Sabji	S Green Sabji	Aloo Bhaja	S. Green Sabji
Sabji		S. Green Sabji	S. Green Sabji	S. Green Sabji	Garlic Chutni	Ghogni Chaat	S. Green Sabji	Jeera Aloo
roti		Chapati	Chapati	Missi Roti	Chapati	Chapati	Chapati	Chapati
salad		Salad/Papad Fry	Salad/Papad	Salad/Papad Fry	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad
sweet		Sweet (Khajur)		Sweet		Sweet		Sweet
Kindly Note: The menu is based on a weekly change basis and is subject to the availability of the fruits and vegetables of the season. According to the								
childrens' taste, preferences and requirement, the menu may be changed. The daily vitamin and calorie requirement of the child is also taken into consideration.								
Chinese once a week, chicken two times a week, eggs three times a week and morning snacks will be supplied in the class room.								
during snacks hours. variety of chutni/pickel and salad is also served. S.for seasonal								

HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 9 FEBRUARY TO 15 FEBRUARY 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
	7am to 7-30am	Chocos	Bread Butter Jam	Dry Maggi	Bread Toast	Cornflakes	Suji Halwa	Aloo Paratha
Breakfast				Boiled Egg	Masala Eggs	Bread Butter	Fruit	Curd
		Fruit	Fruit	Fruit	Fruit	Fruits		Fruit
		Hot Milk	HotMilk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50am to 10-30	Macaroni	Veg roll	Kachori	Chowmien	Samosa	Veg Macaroni	
						Imli Chutni	Red Sauce	
Lunch	2pm to 2-30pm							
rice		Steam Rice	Onion Rice	Jeera Rice	Steam Rice	Plain Rice	Steam Rice	Veg Fried Rice
dal		Plain Dal	Plain Dal	Mix Dal	Mix Dal	Mix Dal	Rajma	Chilly Paneer
veg		S.Green Sabji	Aloo Cabbage	S Green Sabji	S Green Sabji	Mattar Paneer	Aloo Gobi	Manchurian Gravy
veg		Kadai Paneer	Ghogni Chat	Paneer Bhurji	Magar ka Sabji	S. Green Sabji	S. Green Sabji	Chilly Chicken Dry
non veg		Egg Curry		Chicken Butter Masala				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar
raita			Plain Curd		Plain Curd		Plain Curd	
Snacks	5pm to 5-30pm	Hot milk	Hot milk	Hot milk	Hot milk	Hot milk	Hot milk	Hot milk
		Mayonnoise s/w	Cutlet	Veg Chowmein	Maggi Dry	Biscuits	Badminton Chips	Onion Pokora
Dinner	8-45pm to 9:30pm							
Rice		Jeera Rice	Plain Rice	Steam Rice	Jeera Rice	Plain Rice	Veg Pulao	Steam Rice
dal		Dal Fry	Yellow Dal	Dal Tarka	Rajma Dal	Mix Dal	Panchawati Dal	Yelllow Dal
sabji		Boiled Veg	Aloo Bhaja	Aloo Jeera	Aloo Bhindi	S. Green Sabji	Aloo Bhaja	Gatta Sabji
Sabji		S. Green Sabji	S. Green Sabji	S. green sabji	Garlic Chutni	Stuffed Potato	S. Green Sabji	Veg Jaypuria
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	Missi Roti
salad		Salad/Papad Fry	Salad/Papad	Salad/Papad	Salad/Papad Fry	Salad/Papad	Salad/Papad	Salad/Papad Fry
sweet		Sweet		Sweet		Sweet		Sweet
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HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 16 FEBRUARY TO 22 FEBRUARY 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
	7am to 7-30am	Bread Butter Jam	Maggie Dry	Cornflakes	Bread Toast	Suji Halwa	Chocos	Chole Bhatura
Breakfast			Fruit	Bread Butter Jam	Scrambled Egg	Fruit	Fruit	
		Fruit	Boiled Egg	Fruit	Fruit			Fruit
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50am to 10-30am	Samosa	Macaroni	Veg Chow	Veg Roll	Kachori	Aloo Chop	
Lunch	2pm to 2-30pm							
rice		Steam Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Fried Rice
dal		Dal Plain	Lobiya Dal	Yellow Dal	Black Dal	Mix Dal	Rajma	Tomato Vegetable Curry
veg		S .Green Sabji	S. Green Sabji	S. Green Sabji	S. Green Sabji	Aloo Cabbage	Aloo Mattar Sabji	Chicken Chilli
veg		Chola Sabji	Aloo Dum	Stuffed Potato	Aloo Gobi	Kadai Paneer	S. Green Sabji	Chilly Paneer
non veg		Masala Egg Curry		Chicken Butter Masala				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Sprouts Salad	Salad /Achar	Sprouts	Sprouts	Salad /Achar	Salad /Achar
raita			Plain Curd		Plain Curd		Plain Curd	
Snacks	5pm to 5-30pm	Hot milk	Hot milk	Hot milk	Hot milk	Hot milk	Hot milk	Hot milk
		Bread Pokoda	Biscuits	Cutlet	Maggi Dry	Dry Bhel	Chow mein	Momo
Dinner	8-45pm to 9-30pm							
Rice		Steam Rice	Steam Rice	Onion Rice	Peas Pulao	Plain Rice	Steam Rice	Plain Pice
dal		Dal Fry	Plain Dal	Mix Dal	Dal Fry	Yellow Dal	Panchawati Dal	Mix Dal
sabji		Aloo Cabbage	Aloo Bhaja	Aloo Jeera	Veg Kofta Curry	S Green Sabji	Garlic Chutni	Kofta ki Sabji
Sabji		S. Green Sabji	S. Green Sabji	S Green Sabji	S Green Sabji	Aloo Bhaja	Mixed Veg	Aloo Cabbage Mix
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati
salad		Salad/Papad	Salad/Papad Fr	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet (Barfi)		Sweet		Sweet (Gulab Jamun)
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HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 23 FEBRUARY TO 28 FEBRUARY 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
	7am to 7-30am	Cornflakes	Toasted Bread	Macaroni	Suji Halwa	Maggi Dry	Bread Toast	Aloo Paratha
Breakfast		Bread Butter Jam				Fruit	Fruit	Curd
		Fruit	Fruit	Fruit	Fruit	Boiled Egg	Scramble Egg	Fruit
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50 to 10-30am	Samosa	Kachori	Veg Chow	Idli	Veg Roll	Veg Macaroni	
		Emli Chutni					Red Sauce	
Lunch	2pm to 2-30pm							
rice		Plain Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Fried Rice
dal		Dal Plain	Lobiya Dal	Yellow Dal	Panchawati Dal	Mix Dal	Yellow Dal	Manchurian with Gravy
veg		S.Green Sabji	S. Green Sabji	S. Green Sabji	S. Green Sabji	Aloo Cabbage	Green Sabji	Chilly Potato
veg		Paneer Mattar	Aloo Dum	Kadai Paneer	Aloo Gobi	Malai Kofta	Kadi Pokodi	Chicken Chilly Gravy
non veg		Egg Curry		Chicken Curry				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Salad/Achar	Salad /Achar	Sprouts	Salad	Sprouts	Salad /Achar
raita			Plain Curd		Plain Curd		Plain Curd	
Snacks	5pm to 5-30pm	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
		Badminton Chips	Biscuits	Onion Pokora	Dry Bhel	Biscuits	Mayonniase s/w	Veg Momo
Dinner	8-45pm to 9-30pm							
Rice		Plain Rice	Steam Rice	Plain Rice	Onion Rice	Plain Rice	Steam Rice	Onion Rice
dal		Dal Fry	Plain Dal	Dal Tarka	Mix Dal;	Yellow Dal	Dal Fry	Black Dal
sabji		Aloo Fry	Aloo Soyabean	Aloo Dum	Aloo Bhaja	S.Green Sabji	Aloo Bhaja	Veg Kofta Curry
Sabji		S. Green Sabji	S. Green Sabji	S. Green Sabji	Peas Aloo Bhaja	Aloo Fry	S Green Sabji	Mix Veg
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Missi Roti	Chapati
salad		Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad Fry	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet	Garlic Chutney	Sweet		Sweet
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