

HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI									
MENU FROM 2 MARCH TO 8 MARCH 2015									
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN	
Breakfast	7am to 7-30am	Cornflakes	Bread Butter	South Indian Rice	Upma	Maggi Dry	Bread Toast	Chole Bhatura	
		Bread butter jam	Chocos		Scramble Egg	Fruit	Fruit	Hot Milk	
		Fruit	Fruit	Fruit	Fruit	Boiled Egg		Fruit	
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk		
Snacks	9-50 to 10-30am	Samosa	Idli Chutni	Veg Chow	South Indian Rice	Aloo Chop	Veg Macaroni		
		Emli Chutni							
Lunch	2pm to 2-30pm								
	rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Fried Rice	
	dal	Dal Plain	Lobiya Dal	Yellow Dal	Panchawati Dal	Mix dal	Yellow Dal	Manchurian with Gravy	
	veg	S Green Sabji	S Green Sabji	S Green Sabji	S Green Sabji	S Green Sabji	Aloo Sayabean	Crispy Baby Corn	
	veg	Paneer Mattar	Aloo dum	Kadai Paneer	Aloo Cabbage	Malai Kofta	Aloo Beans Bhaja	Chicken Chilly Gravy	
	non veg	Egg Curry		Chicken Curry					
	roti	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati		
	salad	Salad /Achar	Salad / Achar	Salad / Achar	Sprouts	Salad / Achar	Sprouts	Salad / Achar	
	raita		Plain Curd		Plain Curd		Plain Curd		
	Snacks	5pm to 5-30pm	Veg Clear Soup	Hot Milk	Tomato Soup	Corn Soup	Lemon Juice	Sweet Corn Soup	Hot Milk
			Badminton Chips	Bread Pokora	Onion Pokora	Dy Bhel	Biscuits	Mayonniase s/w	Veg Momo
	Dinner	8-45pm to 9-30pm							
	Rice		Plain Rice	Steam Rice	Plain Rice	Onion Rice	Plain Rice	Steam Rice	Masala Rice
dal		Dal Fry	Plain Dal	Dal Tarka	Mix Dal;	Yellow Dal	Panchawati Dal	Black Dal	
sabji		Aloo Fry	Aloo Soyabean	Aloo Dum	Garlic Chutni	S.Green Sabji	Kadi Pokora	S Green Sabji	
Sabji		S. Green Sabji	S. Green Sabji	S. Green Sabji	Mattar Subji	Mix Veg	S. Green Sabji	Mix Veg	
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Missi Roti	Chapati	
salad		Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad/Papad Fry	Salad/Papad	Salad/Papad	
sweet		Sweet		Sweet		Sweet		Sweet	
Kindly Note: The menu is based on a weekly change basis and is subject to the availability of the fruits and vegetables of the season. According to the children's taste, preferences and requirement, the menu may be changed. The daily vitamin and calorie requirement of the child is also taken into consideration.									
Chinese once a week, chicken two times a week, eggs three times a week and morning snacks will be supplied in the class room during snacks hours. variety of chutni/pickel and salad is also served. S.for seasonal									

HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 9 MARCH TO 15 MARCH 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
Breakfast	7am to 7-30am	Cornflakes	Chirwa Pulao	Upma	Bread Toast	Suji Halwa	Chocos	Belwa Kachori Sabji
		Bread Butter Gam			Scrambled Egg	Fruit	Pears	
		Fruit	Fruit	Fruit	Fruit	Boiled Egg	Fruit	Fruit
		Hotmilk	Hotmilk	Hotmilk	Hotmilk	Hotmilk	Hotmilk	Hotmilk
Snacks	9-50am to 10-30am	Veg Chow	Aloo Chop	Samosa	Veg Roll	South Indian Rice	Macaroni	
Lunch	2pm to 2-30pm							
rice		Steam Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Mexican Rice
dal		Dal Plain	Lobiya Dal	Yellow Dal	Black Dal	Mix Dal	Rajma	Tomato Vegetable Curry
veg		S .Green Sabji	S. Green Sabji	S. Green Sabji	S. Green Sabji	Aloo Cabbage	Ghogni Chat	Garlic Chicken
veg		Chola Sabji	Chana Aloo Mix	Stuffed Potato	Aloo Cabbage	Kadai Paneer	S. Green Sabji	Chilly Paneer
non veg		Masala Egg Curry		Chicken Butter Masala				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Sprouts Salad	Salad /Achar	Sprouts	Sprouts	Salad /Achar	Salad /Achar
raita			Bondi Raita		Plain Curd		Fruit Raita	
Snacks	5pm to 5-30pm	Hot Milk	Hot Sour Soup	Tomato Soup	Lemon Juice	Veg Soup	Veg Clear Soup	Hot Milk
		Bread pokoda	Bread toast	Biscuits	Maggi Dry	Dry Bhel	French Fries	Chowmein
Dinner	8-45pm to 9-30pm							
Rice		Steam Rice	Steam Rice	Onion Rice	Peas Pulao	Plain Rice	Steam Rice	Plain Rice
dal		Dal Fry	Plain Dal	Mix Dal	Dal Fry	Yellow Dal	Panchawati Dal	Mix Dal
sabji		Potato Cabbage	Veg Jaipuria	Aloo Jeera	Aloo Bhaja	S. Green Sabji	Garlic Chutni	Pindi Chana
Sabji		S. Green Sabji	Aloo Dum	S. Green Sabji	S. Green Sabji	Mattar Subji	Mixed Veg	Aloo Cabbage Mix
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	Chapati
salad		Salad/Papad	Salad/Papad Fr	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet		Sweet		Sweet
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HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 16 MARCH TO 22 MARCH 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
	7am to 7-30am	Chocos	Bread Butter Jam	Maggi Dry	Bread Toast	Cornflakes	Aloo Paratha	Chola Bhatura
Breakfast					Masala Eggs	Bread Butter	Fruit	Fruit
		Fruit	Fruit	Fruit	Fruit	Boiled Egg		
						Fruit		
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50am to 10-30	Chowmein	Medu Vada	Kachori	Pao Bhaji	Samosa	Veg Macaroni	
						Imli Chutni	Red Sauce	
Lunch	2pm to 2-30pm							
rice		Steam Rice	Onion Rice	Jeera Rice	Steam Rice	Plain Rice	Steam Rice	Veg Fried Rice
dal		Plain Dal	Plain Dal	Mix Dal	Mix Dal	Mix Dal	Rajma	Chilly Paneer
veg		S. Green Sabji	S. Green Sabji	S. Green Sabji	S. Green Sabji	Mattor Paneer	Aloo Cabbage	Manchurian Gravy
veg		Kadai Paneer	Ghogni Chat	Paneer Mattor	Magar Ka Sabji	S. Green Sabji	S. Green Sabji	Chilly Chicken Gravy
non veg		Egg Curry		Chicken Butter Masala				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar
raita			Plain Curd		Plain Curd		Plain Curd	
Snacks	5pm to 5-30 pm	Lemon Juice	Hot Milk	Veg Soup	Tomato Soup	Butter Milk	Fruit Juice	Hot & Sour Soup
		Bread Pokora	Cutlet	Veg Chowmein	French Fry	Dry Bhel	Badminton Chips	Onion Pokoda
Dinner	8- 45pm to 9 30;pm							
Rice		Jeera Rice	Plain Rice	Steam Rice	Jeera Rice	Plain Rice	Veg Pulao	Steam Rice
dal		Dal Fry	Yellow Dal	Dal Tarka	Rajma Dal	Mix Dal	Panchawati Dal	Yellow Dal
sabji		Aloo Fry	Aloo Bhaja	Aloo Chana	S.Green Sabji	S. Green sabji	Aloo Bhaja	Gatta Sabji
Sabji		S. Green Sabji	S. Green Sabji	S. Green Sabji	Garlic Chutni	Stuffed Potato	S. Green Sabji	Veg Jaypuria
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	Missi Roti
salad		Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad Fry	Salad/Papad	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet		Sweet		Sweet
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HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 23 MARCH TO 29 MARCH 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
Breakfast	7am to 7-30am	Maggi Dry	Cornflakes	Chocos	Bread Butter Jam	Bread Butter Jam	Suji Haluwa	Ajwain Puri with Chana Dal
		Fruit	Fruit	Fruit	fruit	Fruit		Fruit
		HotMilk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50am to10.30a	South Indian Rice	Idly Chutni	Veg Chow	Pao Bhaji	Samosa	Veg Macaroni	
							Red Sauce	
Lunch	2pm to 2-30pm							
rice		Steam Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Veg Fried Rice
dal		Yellow Dal	Plain Dal	Lobiya Dal	Mix Dal	Mix Dal	Dal Tarka	Chilly Baby Corn
veg		S. Green Sabji	S. Green Sabji	S. Green Sabji	Soyabin Aloo	Chola Sabji	Aloo Cabbage	Veg Manchurian Gravy
veg		Karai Paneer	Aloo Cabbage	Mattar Paneer	Ghogni Chat	S. Green Sabji	S. Green Sabji	Chicken Chilly
non veg		Egg Masala		Chicken Curry				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Salad/Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar
raita			Dahi Vada		Plain Curd		Bondi Raita	
Snacks	5pm to 5-30pm	Hot Milk	Tomato Soup	Veg Soup	Lemon Juice	Hot Sour Soup	Butter Milik	Veg Clear Soup
		Bread Pokora	Veg Pokora	Biscuits	Mayonaisse s/w	Cutlet	Aloo Chop	Veg Momo
Dinner	8- 45pm to 9- 30-pm							
Rice		Steam Rice	Jeera Rice	Steam Rice	Onion Rice	Plain Rice	Peas Pulao	Steam Rice
dal		Dal Fry	Plain Dal	Rajma Dal	Dal Tarka	Mix Dal	Panchawati Dal	Plain Dal
sabji		Jeera Aloo	Ghogni Chat	Chana Onion Dry	Stuffed Potato	S. Green Sabji	Aloo Bhaja	Kadi Pokodi
Sabji		S. Green Sabji	S. Green Sabji	S. Green Sabji	Kofta Sabji	Ghogni Chaat	S. Green Sabji	Jeera Aloo
roti		Chapati	Chapati	Missi Roti	Chapati	Chapati	Chapati	Chapati
salad		Salad/Papad	Salad/Papad	Salad/Papad Fry	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet	Garlic Chutni	Sweet		Sweet
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HOSTEL MENU FOR DELHI PUBLIC SCHOOL GUWAHATI								
MENU FROM 30 MARCH TO 5 APRIL 2015								
	Time	Day 1 MON	Day 2 TUES	Day 3 WED	Day 4 THU	Day 5 FRI	Day 6 SAT	Day 7 SUN
Breakfast	7am to 7-30am	Maggi	Cornflakes	Chocos	Bread Butter Jam	Bread Butter Jam	Suji Haluwa	Ajwain Puri with Chana Dal
		Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
		Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk	Hot Milk
Snacks	9-50am to 10.30a	South Indian Rice	Idly Chutni	Veg Chow	Pao Bhaji	Samosa	Veg Macaroni	
							Red Sauce	
Lunch	2pm to 2-30pm							
rice		Steam Rice	Steam Rice	Plain Rice	Steam Rice	Plain Rice	Steam Rice	Veg Fried Rice
dal		Yellow Dal	Plain Dal	Lobiya Dal	Mix Dal	Mix Dal	Dal Tarka	Chilly Baby Corn
veg		S. Green Sabji	S. Green Sabji	S. Green Sabji	Soyabin Aloo	Chola Sabji	Aloo Cabbage	Veg Manchurian Gravy
veg		Karai Paneer	Aloo Cabbage	Mattar Paneer	Ghogni Chat	S. Green Sabji	S. Green Sabji	Chicken Chilly
non veg		Egg Masala		chicken curry				
roti		Chapati	Chapati	Chapati	Chapati	Chapati	Chapati	
salad		Salad /Achar	Salad/Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar	Salad /Achar
raita			Dahi Vada		Plain Curd		Boondi Raita	
Snacks	5pm to 5-30pm	Tomato Soup	Veg Soup	Hot Milk	Lemon Juice	Hot & Sour Soup	Butter Milik	Fruit Juice
		Bread Pokora	Veg Pokora	Biscuits	French Fries	Dry Maggi	Aloo Chop	Veg Momo
Dinner	8- 45pm to 9- 30-pm							
Rice		Steam Rice	Jeera Rice	Steam Rice	Onion Rice	Plain Rice	Peas Pulao	Steam Rice
dal		Dal Fry	Plain Dal	Rajma Dal	Dal Tarka	Mix Dal	Panchawati Dal	Plain Dal
sabji		Jeera Aloo	Ghogni Chat	Chana Onion Dry	Kofta Sabji	S. Green Sabji	Aloo Bhaja	Kadi Pokodi
Sabji		S. Green Sabji	S. Green Sabji	S. Green Sabji	Stuffed Potato	Ghogni Chaat	S. Green Sabji	Jeera Aloo
roti		Chapati	Chapati	Missi roti	chapati	chapati	chapati	chapati
salad		Salad/Papad	Salad/Papad	Salad/Papad Fry	Salad/Papad	Salad/Papad	Salad/Papad	Salad/Papad
sweet		Sweet		Sweet	Garlic Chutni	Sweet		Sweet
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